

Resident and Family Council

March 24, 2016

Minutes

- 1) Welcome from Michele
- 2) Around the room introductions
- 3) No agenda for the meeting, get together to find out how things are going, are we on the right course
- 4) Open mike for anyone to speak
 - a) family member : Sunday is becoming my mother's favourite day, Thank you to Rec staff
 - b) Resident B.B: leads a restricted life, getting out and meeting people are important to her, everyone here is very helpful, thank you for your guidance
 - c) Resident M.P: pleased to be here, would like to have more field trips
 - d) Resident G.C: medication are affected her brain in a bad way,(foggy) asked what is going well – she's walking
 - e) Rehab assistant was introduced: her job to get people moving
 - f) Resident E.G.: came here to die, now here 3 yrs, no serious complaints – doesn't smell like a "home". She can stand and transfer from bed to chair
 - g) Resident B.M: quite happy to be here, well fed, well looked after, all good
 - h) Family member: good to have Leanne (rec staff) here on Sundays, made a big difference, gets people involved with Trivia
 - i) Family member: medication concerns, wants list of medications to review with Dr.
 - j) Family member: Agrees with other family member re: Sunday rec staff, going in right direction, Thank you to Mara and Lucia
 - k) Resident D.M: living here is ok – enjoyable

- l) Resident G.L: was a lack of activities to do on Sat / Sun. Give us something to do
- m) DOC: chosen on your behalf: change in Dentist, using UBC Outreach dentist, families will be informed by letter, contract starts May 1, 2016
- n) Board Member JF: enjoy hearing your feedback, she / other board members hope to attend this meeting more regularly
- o) Staff member Mara: Recreation activities are now 7 days a week. Goal is to find something for everyone, lot more outings to come. Next month: Casino, more scenic drives, Ballroom dancing is now twice a month. Resident B.M. wants more men to dance with
- p) Resident J.W.: glad to be living here, lots of things to do
- q) Family member: Michele manages by walking around – more important than paper work
- r) Michele: round of applause to thank staff and Board members for their commitment to St.Judes, Strategic planning process – 3 yr plan – anticipate the needs of the organization over the next 3 yrs
- s) Family member: Adding LPN – huge addition, feel the difference at dinner time
- t) Board Member J.F: Circle your calendars for Sunday, June 26 – Strawberry social and silent auction. Rehab ass't: maybe knitting club can contribute. Annual general meeting, June 23 6pm

Meeting adjourned